



Organic Mama Veggie Frittata

20 min prep, 35 min cook, 12 servings
vegetarian

- 1 teaspoon **Organic Valley** unsalted butter
- 9 **Organic Valley** large brown eggs
- ½ teaspoon sea salt
- ½ teaspoon black pepper, ground
- ¼ teaspoon paprika
- 1 medium red onion, chopped
- 1 large red bell pepper, chopped
- 2 cups spinach, torn
- 1 cup tomatoes, chopped
- ½ cup **Organic Valley** feta cheese crumbles
- 1 Tablespoon fresh basil, finely chopped

Instructions

1. Preheat oven to 400° F. Grease a 9x9 inch baking dish with butter.
2. Beat eggs, salt, pepper and paprika together until blended.
3. Stir in onion, peppers, and spinach.
4. Pour egg mixture in prepared baking dish and sprinkle with tomatoes, feta, and fresh basil.
5. Bake for 35 minutes or until fluffy, golden, and set in the middle.